

# Advanced Course on GUNA METHOD PHYSIOLOGICAL REGULATING MEDICINE

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## PROGRAM

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Saturday 9.30am Start

### ALESSANDRO PERRA

#### GENERAL PART

- Synthetic introduction on PRM principles and PRM Pharmacology
- The use of cytokines, hormones, growth factors and neurotransmitters in low doses according with PRM
- Up to date on PRM basic research: use of low dose cytokines in 2 animal models: allergic asthma and Crohn's disease
- Guide Lines of Therapeutic Strategy according with PRM: "how to build a therapy according with PRM principles"

#### SPECIAL PART

*Description and discussion of therapeutic protocols according with PRM in:*

- **General Medicine**
  - *Cardiovascular Diseases* (high blood pressure, arteriosclerosis and others); *Metabolic Diseases* (hypercholesterolemia and hypertriglyceridemia; diabetes type I and II and others; Metabolic Syndrome); *Urology* (hypertrophic prostate, recurrent urinary tract infections and others); *Otolaryngology and Pneumology* (Influenza, IRR and others); *supportive therapy in cancer*.
- **Hormonal disorders and Gynaecology**
  - Secondary amenorrhea
  - Ipo fertility
  - PMS (pre-menstrual-syndrome)
  - PCO (polycystic ovary syndrome)
  - Low libido (in male subjects also)
  - Candida infections
  - HPV infections
  - Post natal depression
  - Intra-uterine hyposomia
  - Menopause disorders (Osteoporosis, Dyspareunia, ...)
- **Allergology**
  - General strategy
  - Allergic Asthma
  - Food Intolerance and Food Allergies
  - Atopic Dermatitis

- **Autoimmune diseases**
  - General strategy
  - Rheumatoid Arthritis
  - Autoimmune Thyroiditis (Hashimoto's Disease)
  - Crohn's Disease
  
- **Gastroenterology**
  - Irritable Bowel Syndrome (IBS)
  - Inflammatory Bowel Diseases (IBD)
  - Ulcerative colitis
  - Gastritis
  - Dysbiosis
  
- **Dermatology**
  - Acne vulgaris
  - Psoriasis
  - Vitiligo
  
- **Functional disorders**
  - Burn out Syndrome
  - Sleep disorders
  - Cognitive functions failure
  - Memory disorders
  - Guna Method Basic Therapy for Wellness
  
- **Geriatrics**
  - Anti-aging general strategy
  - Alzheimer's disease (complementary therapy)
  - Parkinson's disease (complementary therapy)
  
- **Miscellaneous**
  - Autism

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**Sunday 9.30 am Start**

**LEONELLO MILANI**

- **Pain Management**
  - Physiological Regulating Medicine (Guna Method) in the treatment of pathologies concerning Traumatology, Fibromyalgia and Pain Management
  - Study of Guna drugs in Pain Medicine
  - The innovative Pain Strategy Therapy with Guna Method
  - Practical suggestions for the daily practice
  - Analysis of therapeutic protocols of Pain Medicine
  - Acupuncture & biopuncture techniques
  - Practical demonstrations